



INTERMEDIATE LESSONS FUNDRAISER

ARE YOU LOOKING TO ELEVATE YOUR PICKLEBALL GAME?

Lessons must be paid for upon registration

Etransfer to <u>treasurer.qPA@gmail.com</u> (in memo line type "intermediate lessons")

The fee is allocated to the qathet Pickleball Association (qPA), minus a fee of \$18 per person for Powell River Racquet Centre court rental costs.

Volunteer Coaches have NCCP / IPTPA certification. Volunteers and mentors are affiliated with PRSFS and qPA.

PRIORITY REGISTRATION

<u>qPA members that are also</u> <u>PRSFS</u> members from June 20th to 30th. Fee is \$68

qPA members that are non-PRSFS members may register from June 23rd to June 30th. Fee is \$86

PRSFS members without qPA membership may register from June 26th to June 30th. Fee is \$68

Limited to 16 Players



Powell River Racquet Centre 4320 Joyce Ave.

Thursday July 18th 6-8 pm &

Sunday July 21st 3-5 pm

Queries to Dale Sundberg

Director5.qPA@gmail.com

www.qathatpickleballassociation.ca

These lessons aim to help you understand why repetitive errors happen and how to relearn the correct technique for successful shots.

Do you want to enhance your gameplay by learning to slow down the pace, which can effectively complement powerful smashes?! We'll guide you beyond the power-driven 'banger' style towards a game with greater strategic depth and finesse.

You'll learn to keep the ball low and minimize pop-ups, as well as doubles tactics, court positioning, and consistent shot-making.

Beginning to play with a comprehensive grasp of the game's strategy and executing your shots intentionally will lead to consistency. This approach will also boost your confidence, allowing you to engage in challenging rallies, secure winnable points, and enjoy your games.

BE PREPARED

As intermediate players you should already be proficient in all the basic shots (serves, returns, and attempts at 3rd shot drops or drives). You should be able to consistently perform dinks both down the line and crosscourt, and volley, manage overhead shots, and smashes from anywhere in the court. You should be able to defend yourself against any of these shots.

Come with clean court shoes and your gear, and prepare to learn!